

NEW FOREST NATIONAL PARK VOLUNTEER GUIDE 2020



**Change
your life
this year!**

Packed full of
volunteering
opportunities
from dozens of
organisations
in the New Forest.



Welcome to the New Forest National Park Volunteer Guide 2020

This guide offers you dozens of ways to get involved with volunteering in the New Forest, to change your life and the lives of others. No matter who you are or where you live, there will be a role perfect for you. All you need is some time and energy, and a passion for the Forest's history, environment or people.

Volunteering is a great way to meet people, learn new skills and help keep the New Forest special. Helping people in your community, surveying wildlife, meeting visitors and researching the past are just some of the opportunities in this guide. We hope you will get involved and add your skills and enthusiasm to make a real difference for the New Forest. Thank you for your interest in helping to protect this unique area!



Above: Volunteers removing the invasive plant Himalayan balsam © Hampshire and the Isle of Wight Wildlife Trust

Volunteering opportunities available in Our Past, Our Future Landscape Partnership Scheme

Take a look at the variety of volunteering opportunities we are offering with the **Our Past, Our Future (OPOF) Landscape Partnership Scheme**...

Discovering part of the New Forest that I was not familiar with was very satisfying.

The challenge of a new enterprise but meeting lovely and knowledgeable people was great.

FACT

60,000 hours of volunteering in the OPOF scheme in four years



Our Past, Our Future is a Landscape Partnership Scheme for the New Forest supported by the Heritage Lottery Fund.

The Scheme has achieved some excellent outcomes in the first four years with positive benefits for the New Forest's natural and built heritage, people and communities.

It has attracted a growing number of enthusiastic and passionate volunteers, who have all contributed to restoring habitats, surveying and recording archaeological features, discovering more about our social history and developing an invaluable resource of historical photographs and documents of the New Forest.

The Scheme is now in its final year and the National Park Authority is considering new opportunities for volunteers beyond September 2020. Please keep up to date by visiting our volunteering webpage or subscribing to our volunteer newsletter. Please contact the Volunteer Coordinator for more information.



Volunteer opportunities in 2020...

- Practical conservation
- Habitats and species monitoring
- Practical archaeology
- Historic routes research
- Archival research
- Event volunteer
- Invasive non-native plants.



Find out more about the projects and get involved.

Visit our website for volunteering opportunities and events or contact the Volunteer Coordinator for more information.

www.newforestnpa.gov.uk/conservation/landscape-partnership/volunteering

Contact

Richard Austin

Volunteer, Training and Mentoring Coordinator

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01590 646661

Rachael Gallagher

Project Manager

rachael.gallagher@newforestnpa.gov.uk
01590 646604



Photos show volunteers taking part in archaeological surveying, invasive plant removal and wildflower meadow maintenance. © Hampshire and the Isle of Wight Wildlife Trust and New Forest National Park Authority

Organisations offering volunteer opportunities

Here is a list of organisations from the 2020 Volunteer Fair who have roles available throughout the year. You can find more information on volunteering in the New Forest on our website:

www.newforestnpa.gov.uk/volunteering



Blackwater Conservation Group

The group activities essentially monitor the water quality of the river Blackwater, both by chemical testing for nitrate and phosphate and by invertebrate sampling several times a year. During summer months our volunteers are engaged in the removal of Himalayan Balsam from the riverbanks and surrounding areas. This enables the recovery of native plants to bare earth and restores biodiversity, stabilisation of the surrounding ground and prevention of sedimentation as a result of water run-off from bare ground.

The main opportunity for volunteers is to join us for our regular Himalayan balsam pulling sessions, which are published on our website.

01794 390558
john@johnmartin.me.uk
www.blackwaterconservationgroup.wordpress.com

Butterfly Conservation

The New Forest Transect Group organises the recording of butterflies at a number of strategic locations in the New Forest from the start of April until the end of September each year. Recorders work on a rota basis and experience is not necessary as the very nature of the activity ensures a good level of ID proficiency is quickly achieved. Help is always at hand.

02380 840316
bobjeannannell@gmail.com
www.hantsiow-butterflies.org.uk/newforest.php

Citizens Advice New Forest

Citizens Advice New Forest is a local charity, dependent on trained local volunteers. We operate out of five local offices providing a free, confidential and impartial advice and information service. We listen to people's concerns and work with them to address them. Our volunteers are essential to CANF. People from different backgrounds are trained to a high standard to provide this valued local service.

Our advisers can offer advice on a wide range of problems that we may face at some point in our lives including employment, health, money worries, consumer issues and housing. Come and join us. We look forward to hearing from you.

0300 3309 009 (Advice line)
www.newforestcab.org.uk/contact-us
www.citizensadvice.org.uk

Community First New Forest

The Volunteer Centre promotes and supports volunteering in the New Forest. We work with local people who are looking to volunteer and local charities who are looking for volunteers to help them in their daily work. Healthy Walks are short, led walks of 30-90 minutes which are designed to help improve both physical and mental health. Being set in the local community and relatively short in distance, Healthy Walks make it easier to exercise as part of your normal day.

01425 482773
vol.bureau@cfnf.org.uk
www.cfnf.org.uk

Left: Testwood Sailability



Above: Garden volunteers © Countryside Education Trust

Countryside Education Trust

The Countryside Education Trust's mission is to connect people to the countryside. We welcome schools and self-catering groups all year to our residential centre, with an emphasis on hands-on, outdoor learning. We also have treehouses in ancient woodland and teach a wide range of environmental activities. We run regular Owls playgroups, from zero to nine years old and hold a variety of events, open days and courses throughout the year such as beekeeping, bushcraft and birdwatching walks. Volunteers are always needed to help in the garden, on the farm, with conservation activities, in the office and at open days and events.

01590 612401
mail@cet.org.uk
www.cet.org

Exbury Gardens

Exbury Gardens and Steam Railway is a spectacular 200 acre garden set in the New Forest. The gardens offer woodland walks and world famous displays of rhododendrons, azaleas and camellias, along with a large collection of rare specimen trees.

We have volunteering opportunities available working alongside our gardens team. If you enjoy getting your hands dirty and learning new skills and would like to contribute to the upkeep and conservation of this unique garden, then why not come and join our team?

02380 245765
thomas.clarke@exbury.co.uk
www.exbury.co.uk

Fareshare - Southern Central

FareShare Southern Central redistributes surplus food to those in need across Hampshire and Wiltshire. We wouldn't be able to send out 15 tons of food every week without the support of our amazing volunteers. We are looking for volunteers to support us in the warehouse, picking and packing orders and sorting surplus food, and delivery drivers and drivers' assistants who can help us get food to where it needs to be. With as little as four hours a fortnight you can help us get 1.5 million meals to those who need it most.

07949 074223
imogen.higgs@fareshare.org.uk
www.fareshare.org.uk/volunteer

Forestry England

We are England's biggest land manager and custodian of the nation's public forests. We look after more land and more trees than any other organisation in the country, shaping landscapes for people, wildlife and timber. It's a job that never stops growing. We are interested in increasing our volunteer numbers assisting with the main citizen science programme we are running, Riverfly, and with engagement at one of our key sites, the Reptile Centre.

0300 067 4601
volunteers.southern@forestryengland.uk
www.forestryengland.uk

Fortune College

Fortune College is a specialist college that prepares young people with learning disabilities to live as independently as possible and the college also provides weekly riding therapy sessions for local children, up to the age of 16, with a range of special educational needs and disabilities.

01425 673297
pj.king@fcrt.ac.uk
www.fortune.ac.uk

Friends of Ballard Water Meadow

We are a proactive voluntary group working under the direction of New Milton Town Council and Natural England to protect and enhance the natural woodland, wildlife and wild flowers and the water meadow. Helping hands are very welcome; all equipment is supplied.

01425 613436
www.friendsofballardwatermeadow.co.uk

Our exciting community project involves coppice restoration, charcoal production and a variety of other conservation tasks. Volunteering can be infectious and fun.

Derek Tippetts
Pondhead Conservation Trust

Friends of Lepe Country Park

We promote community involvement and enjoyment of the country park. We keep members informed about what is going on at Lepe via a quarterly newsletter and support the park staff by providing volunteers. We also arrange walks, talks and social events for the membership.

Volunteers are needed to:

- Help with events, litter picking and sensory garden maintenance
- Staff the park reception desk
- Carry out wildlife surveys
- Support the Friends committee.

If you would like to become involved we would love to hear from you.

02380 899108
lepe.enquiries@hants.gov.uk
www.hants.gov.uk/lepe

Friends of the New Forest – New Forest Association (NFA)

We are dedicated to protecting and restoring the unique character of the New Forest. Our members promoted the 1877 New Forest Act to secure its future and now we are the voice for the New Forest National Park as its friend and watchdog.

For 150 years our guiding purpose has been to protect, conserve and enhance the flora, fauna and heritage of the New Forest.

01725 518410

media@friendsofthenewforest.org
www.friendsofthenewforest.org

Friends of the New Forest Airfields (FONFA)

We preserve and protect our local aviation heritage, through the Heritage Centre Museum at Bransgore and the New Forest Airfields memorial at the former World War II airfield at Holmsley South. We stage open days at the Centre from 10 am to 4 pm on Sundays, twice a month from March to October. We would like to increase this to three or four Sundays a month and need more volunteers to cover these additional Open Days. Are you willing to help and learn about our 110-year local aviation history, to guide and support our visitors?

01425 611668

fonfa2010@gmail.com
www.fonfasite.wordpress.com

The Green Island Holiday Trust

The Green Island Holiday Trust organises six supported holidays each summer for small groups of adults with disabilities who live in Hampshire and Dorset. The holidays are based at Holton Lee, a well-being centre set in beautiful countryside between Poole and Wareham. Each group shares a week of fun and friendship centred round a varied programme of activities exploring the site and local area.

If you're enthusiastic, have a sense of humour and would like to share a great holiday experience, we'd love to hear from you. We have opportunities for residential volunteers and for those assisting with specific activities.

01202 375006

organiser@greenislandholidaytrust.com
www.greenislandholidaytrust.com



Above: Green Island Holiday Trust

Guide Dogs

Guide Dogs provide life-changing services for the independence for people living with sight loss and their friends and family. The following volunteering opportunities are available:

- 'My guides' support a person with sight loss to safely navigate the environment, build their self-confidence and increase their social interaction whilst maintaining dignity and promoting independence.
- Partnership Support volunteers support the My Guide partnerships, including regular reviews with the customer and matched volunteer, via telephone or face to face and recording reviews, reporting/highlighting any issues, recording partnership success and achievements and changes to activity plans.
- Fundraiser Group Co-ordinators lead a group of enthusiastic volunteers in the New Forest.
- Fundraiser volunteers - a flexible and fun way to get involved with Guide Dogs, helping out when they can at collections or events, talking to their community and raising awareness and funds for the organisation.
- Puppy Raisers have a pup living with them from seven weeks to 15 months old, doing the socialising and early training required, with full support from staff and other volunteers, to produce a pup confident and ready for the next stage of training to become a guide dog.

0118 983 8892

hazel.kelly@guidedogs.org.uk
www.guidedogs.org.uk



Above: Hampshire Art for Recreation and Therapy

hArt - Hampshire Art for Recreation and Therapy

hArt offers creative ways to support mental health. We know that working with the creative arts improves health and wellbeing, whether indoors or outdoors, and has enormous benefits for participants and those that volunteer.

In 2020 hArt will continue to develop community based 'Arts on Prescription' services, offering a range of creative activities, events and programmes to adults experiencing mild to moderate depression, anxiety and stress.

We are always pleased to meet those with experience of working with people from a care or therapy background. However, those with a genuine, sympathetic and sensitive approach to helping others will also be welcomed.

01590 435045

contact@hart.works
www.hArt.works

Hampshire and Isle of Wight Air Ambulance

Ordinary People. Extraordinary Care.
Supported by you.

Through your support, Hampshire and Isle of Wight Air Ambulance brings an advanced critical care team to people in Hampshire and the Isle of Wight when they need it most. Available both day and night, 365 days a year, the Air Ambulance critical care team is called out many times a day to attend to road traffic collisions, sporting accidents, collapses and many other incidents. Highly skilled crews of doctors, paramedics and pilots can be at the scene of an incident within minutes, ready to deliver the same level of care

that you would expect from a hospital emergency department.

We are looking for volunteers to help raise the £15,000 a day needed to help keep Hampshire and Isle of Wight Air Ambulance flying. HIOWAA needs volunteers to help us fundraise by attending events, managing collection pots, helping us with maintenance of equipment, or giving our fundraising talks. Volunteering for HIOWAA is fun and fits around your own life, with no set time commitment expected.

02380 743516
kirsty@hiowaa.org
www.hiowaa.org



Above: Hampshire and the Isle of Wight Air Ambulance

Hampshire & Isle of Wight Wildlife Trust

Hampshire & Isle of Wight Wildlife Trust is one of 46 Wildlife Trusts working across the UK. With the invaluable support of volunteers and members we manage over 50 nature reserves. We also work with other organisations and landowners to protect and connect wildlife sites across the county and inspire local communities and young people to care for wildlife where they live.

We have countless volunteer roles all over Hampshire.

01489 774400
feedback@HIWWT.org.uk
www.HIWWT.org.uk

Hampshire Search and Rescue (HANTSAR)

Hampshire Search and Rescue (HANTSAR) is a voluntary organisation providing 24/7 cover to assist the police to search for vulnerable missing persons.

Searches are carried out across Hampshire in both urban and rural areas. We are available any time of day or night, whatever the weather, but appreciate not everyone can attend every time. We receive professional training to the standard required by the police and other search and rescue agencies. This includes developing skills in search techniques, first aid, map reading and other competencies.

We welcome enquiries from those interested in volunteering as either operational or support members.

03303 309506
info@hantsar.org
www.hantsar.org

It's great to wallow in mud with a lovely bunch of folk, knowing that having fun makes such an important difference. As a result of our efforts last year, the riverbank looks like a riverbank again.

Anthony
Hampshire and Isle of Wight Wildlife Trust

Hampshire Swifts

Hampshire Swifts works to conserve this special species of bird across the county. We survey swift nest sites during the months of June and July, install swift nest boxes, monitor planning applications, lead swift walks, give talks and generally raise awareness at events across the county. We also have a website, blog and a social media presence. We need help with all these activities.

01590 622835
info@hampshireswifts.co.uk
www.hampshireswifts.co.uk



Highcliffe Castle

Built in 1835, Highcliffe Castle has welcomed many visitors in its day and continues to be a place to create memories for everyone from couples getting married to families on a day visit or attending an event. We have a broad range of opportunities available including interacting with the public as a room guide, education volunteer or tour guide, hands-on roles with our grounds and archive teams as well as the opportunity to assist with weddings and events.

01425 278807

Lily.isherwood@bcpcouncil.gov.uk

www.highcliffecastle.co.uk



Above: Helping visitors © Highcliffe Castle

Home-Start Hampshire New Forest

Sometimes it's tough being a parent. That is why Home-Start Hampshire supports families through their most challenging times. This might be being a listening ear, providing company to an isolated parent, helping with children or providing emotional and practical support, including helping to access other local services.

At the heart of Home-Start Hampshire are our volunteers; from family support volunteers, through to our community teams and our board of trustees, without them we would not be able to support the hundreds of families across Hampshire that we currently do.

02380 899995

christine.galpin@hshants.org.uk

www.home-starthampshire.org.uk/new-forest

Honeypot Children's Charity

The Honeypot Children's Charity's vision is for every child to make the most of their once chance at childhood and we provide residential respite breaks and ongoing outreach support for young carers and vulnerable children age five to 12. Children come to Honeypot House, just outside Exbury, every year for a weekend full of fun, taking a break from caring, making friends and creating memories to cherish. Our Honeypot Playteam also visits them in their local community.

Volunteering opportunities include supporting the fundraising team at events, giving talks about Honeypot, bucket collections and even dressing up as Bumble our mascot!

02380 890002

viv@honeypot.org.uk

www.honeypot.org.uk

Hythe Pier Heritage Association

Hythe Pier Heritage Association is a community benefits society whose aim is to preserve, restore and redevelop the historic Hythe Pier and Railway.

We are currently seeking a volunteer coordinator to train, support and manage our current band of over 70 active volunteers. If you relish the idea of organising and delivering community events, our current vacancy of events coordinator may be the role for you. Alongside these roles, we are looking for an enthusiastic fundraiser who would work with our team to achieve fundraising events throughout the year. It is hoped that the fundraiser can continue to make connections with local businesses to bring long term support. We are also seeking support with social media and wider publicity including press releases.

02380 986480

info@savehythepier.org.uk

www.savehythepier.org.uk



Above: Bumble stall © The Honeypot Childrens Charity

Keep Britain Tidy

Keep Britain Tidy is a national charity involved in a number of initiatives across the UK. The New Forest has been involved in the Keep Britain Tidy spring campaigns since 2015. The Great British Spring Clean 2020 runs from 20 March to 13 April. Keep Britain Tidy's Local Litter Hero Ambassador is looking for litter champions, individuals and groups for every town and village in the New Forest. You too can get involved and make a difference. Come along and find out more.

02381 781395

admin@cleannewforest.org.uk

www.keepbritaintidy.org/get-involved/support-our-campaigns/great-british-spring-clean

Lyndhurst & District Community First Responders

Community First Responders (CFRs) are volunteers working for the ambulance service; we provide 24hr local emergency medical response pending the arrival of an ambulance.

There are opportunities for volunteers to provide emergency medical cover in and around Lyndhurst and the immediate surrounding areas.

Volunteers can provide cover to suit their own circumstances, which may be as little as one or two hours a week to whatever the individual can offer. No medical experience is required as full training is provided by South Central Ambulance Service.

02380 282866

graham.reeve@sca-charity.org.uk

www.sca-charity.org.uk





Above: Rockford Common scrub cut © National Trust

Lyndhurst Community Centre

We are looking for Lyndhurst based volunteers to get involved in our events, maintenance and reception. It is imperative that the centre makes enough money to be sustainable and provides this invaluable service for the people of Lyndhurst and the local district. The centre has a hugely diverse number of clients, from the local community to national organisations. The centre is a non-profit charity run by the Lyndhurst and District Community Association.

We aim to provide a venue for recreational, cultural and sporting activities. Make a difference in your community and meet new people.

02380 282267
admin@lyndhurstcomm.org
www.lyndhurstcomm.org

Milford Conservation Volunteers (MCV)

We work locally at various nature reserves around Milford, including the Pleasure Grounds (woodlands), Studland Common, Studland Meadow, Sturt Pond, the Community Orchard and Old Milford Meadow. We have produced our own Milford-on-Sea Biodiversity Action Plan. We meet on the first Sunday of every month and volunteers undertake coppicing, tree thinning, tree and hedgerow planting, non-native invasive species clearance, scrub removal, glade creation, educational walks, footpath maintenance, boardwalk, bridge and pond restoration and wildlife monitoring and recording. MCV also manage a bird hide at Sturt Pond nature reserve (open every day of the year 9 am till 5 pm or dusk if earlier) and a bird observatory at Keyhaven (open by electronic Key fob ordered in advance).

01590 645825
keithmetcalf@btinternet.com
www.milfordcv.org

Minstead Trust

Help change the lives of adults with learning disabilities by volunteering with us at Minstead Trust. You can join our friendly group of more than 100 volunteers from all walks of life who are keen to meet new people and improve the lives of others.

Our vision is for the people we support to achieve greater independence, lead fulfilled lives and live as full citizens in society.

We offer a range of volunteering opportunities at Minstead Lodge, Furzey Gardens and Hanger Farm Arts Centre, with dozens of roles to suit your availability and experience.

02380 812297
Ruth.Farrell@minsteadtrust.org.uk
www.minsteadtrust.org.uk

Naomi House

Naomi House and Jacks place has 23 charity shops across central southern England, all helping to raise the vital funds needed to support and care for local life limited and life threatened children, young adults and their families.

We are looking for people to volunteer in our shops across Dorset and Hampshire, in our warehouse in Winnall and in our hospice. We are looking for people who want to help make a difference towards a really worthwhile cause. Applicants must enjoy meeting new people and be able to work as part of a team but also under their own initiative.

01962 760062
gemma.tempest@naomihouse.org.uk
www.naomihouse.org.uk

National Trust

The National Trust is a conservation charity and Europe's largest volunteering organisation. We look after 4,000 acres of the New Forest and manage its lowland heathland habitats to benefit a range of rare wildlife such as Dartford Warblers and Smooth Snakes, as well as the historic landscape. Volunteer roles include practical conservation, species surveying, community/events and many others. Volunteer practical tasks can include scrub management using hand tools, maintenance of tree planting, estate maintenance tasks etc. We will also support volunteers with any particular interests or skills that are of use to our work.

01425 650035
info.newforest@nationaltrust.org.uk
www.nationaltrust.org.uk/newforest

New Forest Area Conservation Volunteers

The main aim of the group is to enhance the natural environment in and around the New Forest by means of practical conservation work. This work is done through a varied programme of tasks which are undertaken by members who provide the voluntary workforce. In every case, the tasks are planned to conserve and improve the countryside around us, maintaining and increasing the variety of wildlife habitats and hopefully people's understanding of the countryside.

01590 671915
heatherlipscombe3@gmail.com
www.newforestacv.org

I like to be a volunteer for New Forest Mencap because it's good to help, because Mencap helps me. I meet lots of people who are kind and it makes me feel good to know that I am helping.

Rachel
New Forest Mencap

New Forest Badger Group

The aims of the group are to study badgers and to monitor the status and well-being of the badger population within the New Forest. We also provide rehabilitation care for orphaned or injured badgers and facilitate their re-introduction into the wild where possible.

We are seeking volunteers with an interest in the ecology of these animals to participate in watching badger setts and support our work in monitoring the New Forest badger population.

01425 402211
nfbg@btinternet.com
www.newforest-badgers.org

New Forest Disability Information Service

We provide free, confidential, disability related information and advice to anyone of any age with any disability all across the New Forest.

Our wonderful volunteers offer half a day a week as information officers (first point of contact, face to face or on the Helpline) or train further to be advisors assisting clients with disability related welfare benefit applications. They handle numerous duties behind the scenes including preparing and selling new and lightly used donated mobility equipment and daily living aids; helping our fundraising group; admin duties etc. Full training and support given and enhanced DBS required (at our expense).

01425 628750
jacki@newforestdis.org.uk
www.newforestdis.org.uk

New Forest Heritage Centre

Volunteers are an essential component of the New Forest Heritage Centre in our aim to offer everyone an understanding of what makes this area so special. We are looking for volunteers to assist in all areas of the Centre. You can support us in a variety of roles with a variety of activities. Extensive knowledge not essential but some knowledge is always useful. A willingness to learn new skills and the ability to work well with the public is vital for all our volunteering roles.

02380 286153
education@newforestcentre.org.uk
www.newforestcentre.org.uk

New Forest National Park Authority

See content on pages 4-6

New Forest Mencap

Friends, activities, learning and following hobbies and interests all contribute to our quality of life. Many people with learning disabilities experience barriers every day to taking part in their local community and living the life they want. New Forest Mencap works to improve the quality of life for people with learning disabilities and their families by social opportunities, learning opportunities, engagement in sport, art and drama and working in our charity shop in New Milton. We also provide support to parents and carers.

If you are thinking about study or a career in social care why not come and join us as a volunteer to help us deliver our social activities, groups and services? We need people of all ages (18+) and we can provide you with a volunteering opportunity tailored to your availability. Our volunteers support at our groups and get involved in the planning and delivery of our activities. We also welcome volunteer drivers (as one of the main barriers faced by people with learning disabilities in the New Forest is the lack of public transport) and we will provide you with training and support and a mileage allowance in return for a commitment to this vital role.

01425 621893
development@newforestmencap.org
www.newforestmencap.org.uk

New Forest Non-Native Plants Project

The New Forest Non-Native Plants Project is hosted by Hampshire & Isle of Wight Wildlife Trust and welcomes volunteers to help pull up Himalayan balsam which has invaded river banks in the New Forest area. Himalayan balsam has short roots and is easy to pull up so if you enjoy being outside and have a bit of time to spare in the summer, why not join our friendly volunteer work parties?

We are also looking for people to survey invasive non-native plants and monitor the effectiveness of work undertaken to control them.

07770 923315
Catherine.Chatters@hiwwt.org.uk
www.hiwwt.org.uk

New Horizons Equine Assisted Learning

We deliver equine assisted learning sessions from premises that we rent from Girlguiding Association at Foxlease, Clayhill, Lyndhurst. We work with children from around the age of five through to adults and with an ever increasing number of local schools and organisations. Our learners face a wide variety of challenges from ASD, mental health issues, physical and emotional issues. We work on developing personal-confidence, improving self-esteem and self awareness. We appreciate volunteer help with premises maintenance and horse care, and there can be the opportunity of assisting at sessions.

07815 438613
enquiries@new-horizons-eal.co.uk
www.new-horizons-eal.co.uk

Oakhaven Hospice Trust and the Coates Centre

Oakhaven Hospice provides specialist palliative care to patients facing life limiting illnesses and their loved ones. The Coates Centre is a drop-in centre for those whose lives have been impacted by illness.

We need volunteers to drive patients, serve meals, visit patients in their homes, support bereaved families, sell tickets, stuff envelopes, help visitors, answer phones and much more! Contact us today to get a full list of available roles and information on how to apply.

01590 646447

Kathryn.marsh@oakhavenhospice.co.uk
www.oakhavenhospice.co.uk

Pondhead Conservation Trust

We are a registered conservation charity and multi award winning community woodland project run entirely by volunteers. We are restoring a unique area of woodland in the heart of the New Forest to enhance its biodiversity and public enjoyment. Our volunteers enjoy good company together with plenty of fresh air and exercise. Our aim is to make volunteering fun and informative as well benefiting both mental and physical health and wellbeing. We welcome new volunteers and no previous experience is necessary. We are proud recipients of the Queen's Award for Voluntary Service - the MBE for voluntary groups.

07887 811712

pondheadconservation@gmail.com
www.pondheadconservation.org.uk



Above: Inclusive cycling with PEDALL

PEDALL, New Forest Inclusive Cycling

PEDALL provides cycling sessions for people with a disability or who need some support to cycle in the New Forest National Park. We have a range of specialist bikes to suit different needs. Our rides are all on off-road traffic free routes, surrounded by wildlife. We transport the bikes to the start point. All of our rides are led by experienced staff or volunteers.

PEDALL needs volunteers who can enthuse and motivate others and have a real passion for working with and engaging people with a disability or who need support to cycle in an outdoor environment.

As a volunteer you will: assist the PEDALL team to deliver high quality, fun, introductory and cycling sessions around the New Forest; and/or help maintain the various specialist bikes.

01590 646640

info@pedall.org.uk
www.pedall.org.uk

Ringwood & Bransgore Dementia Action Group

We are a volunteer group committed to developing Ringwood, Bransgore and the surrounding area as Dementia Aware Communities.

We are keen to improve services through awareness and understanding within the community. As a volunteer action group we are committed to creating an environment that offers the best possible opportunity for people to live well with dementia.

07775 908330

Scottsusan30@gmail.com
www.ringwooddementia.org.uk

Ringwood and Fordingbridge Footpath Society (RFFS)

The RFFS helps keep the footpaths of over 13 parishes in Hampshire. Each path is walked in a three yearly rotation and problems are reported to Hampshire County Council. Volunteers help in erecting gates, waymarking and clearance. We also have a weekly walks programme for members and visitors, and social activities throughout the year. Meetings are held at Greyfriars Community Centre, Ringwood.

info@rffs.org.uk
www.rffs.org.uk

Rockbourne Roman Villa

Rockbourne Roman Villa is a museum and unique archaeological site near Fordingbridge. It is open to the public between April and September, and managed by Hampshire Cultural Trust.



Above: Making a barrier to protect young trees, © Pondhead Conservation Trust

The museum has one paid member of staff and relies on the support of local volunteers to enable us to open the museum to the public and make it an exciting place to visit.

We require volunteers to take a public-facing role to welcome visitors and help us care for this important aspect of Hampshire's ancient heritage. You will welcome visitors to the site and assist with providing customer service, care and security. There are a number of tasks for volunteers, including helping out with events, family activities and helping to maintain the museum garden and site. We are a small but friendly team and look forward to welcoming new volunteers who join us. We offer an induction and training for all our volunteers; over 16s welcome.

01725 518541

laura.bullivant@hampshireculturaltrust.org.uk
www.hampshireculture.org.uk/
rockbourne-roman-villa



The Royal Society for the Protection of Birds (RSPB)

We are a conservation charity which carries out international and UK based work. In the New Forest we have a new reserve at Franchises Lodge, comprising 386ha of mixed woodland habitats. We need volunteers with a whole range of skills to help us establish the reserve and surveyors to build up baseline data, work parties to carry out practical management, people engagement volunteers for events and education and admin support to enter species records. There are roles for all ages and abilities. There will be lots of opportunities for getting involved as the site develops.

franchiseslodge@rspb.org.uk
www.rspb.org.uk

Solent Rescue Independent Lifeboat

Solent Rescue is an independent lifeboat organisation based at Lepe Country Park in Exbury, Hampshire. As part of a wider framework of independent and RNLI operated lifeboats on the South Coast, Solent Rescue helps to monitor approximately 33 square miles of the central and western Solent.

The Solent is an extremely busy recreational and commercial waterway and well-trained lifeboat crews are required to assist the many people that can find themselves in difficulties.

07494 124795
fundraising@solent-rescue.org.uk
www.solent-rescue.org.uk

SS Shieldhall

The SS Shieldhall is a heritage cargo passenger ship included in the National Historic Fleet and is generally recognised to be the largest working steamship of her type in Europe. There are opportunities to volunteer with the deck crew or engineering teams based in Southampton, plus assist the marketing, educational, catering and retail teams. Volunteers crew the Shieldhall on her regular cruises into the Solent and beyond and are on board most Wednesdays and Saturdays. Details of volunteer opportunities and 2020 sailing programme are available online.

07919 096555
volunteering@ss-shieldhall.co.uk
www.ss-shieldhall.co.uk/volunteering



Above: Volunteer with Solent Rescue © Solent Rescue Independent Lifeboat

Sailability

Testwood Lakes Sailability provides supervised dinghy sailing for people with disabilities. The volunteers provide as much assistance that is required to safely enable the sailor to access the dinghy alongside an experienced dinghy sailor. Other volunteers, crew the safety boat, and of course prepare the dinghies for sailing.

membership@testwoodsailability.co.uk
www.testwoodsailability.co.uk

New Forest Sailability is a charity that provides dinghy sailing for people of all ages with all types of disability. Volunteers carry out many varied roles and need no previous sailing experience. Assistance is required to rig and launch the boats and to put them away at the end of the day. Volunteers are also needed to skipper and crew our safety boats as well as carrying out other duties.

01202 619426
membershipsec@newforestsailability.co.uk
www.newforestsailability.co.uk

Together for mental wellbeing

We are a national charity working alongside people on their journey towards better mental wellbeing and independent lives. Opportunities are:

- **Recovery worker assistant** - supporting clients and our teams to work towards independence on various living skills.
- **Peer supporter** - this is an opportunity for people with lived mental health experiences to support clients on a one to one basis.

07808 765225
daniel-lbeard@together-uk.org
www.together-uk.org

Warren Copse and Holbury Manor Conservation Group

The Warren Copse and Holbury Manor Conservation Group assists Fawley Parish Council in maintaining and conserving Holbury Manor and Warren Copse, to give the local community a sense of ownership of the local amenity. With the guidance of a 20 year Forestry England Management Plan for Warren Copse and a 10 year HLS agreement from Natural England for the Manor site, the project is restoring the ancient and semi-natural woodland to its former glory to promote its flora and fauna. We also work closely with the National Park Authority and New Forest Land Advice Service.

02380 894632
holtham@aol.com

Woodlander Hoburne Bashley

Woodlander is a woodland teaching school as well as delivering woodland activities to holiday makers and is a working woodland. We have our Little Woodlanders conservation group and this is for young families who would enjoy helping us to manage the woodlands, learn some new skills, have fun exercise and fresh air. There is also the opportunity to social network with other like-minded families.

01425 612340
paul.brockman@hoburne.com
Facebook – search Woodlander
Hoburne Bashley

“With all the talk about mental health and keeping active, my volunteering covers both bases as well as helping our environment.”

Lesley,
Hampshire and the Isle of Wight
Wildlife Trust



Contact us

New Forest National Park Authority

Lymington Town Hall, Avenue Road,
Lymington SO41 9ZG

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enquiries@newforestnpa.gov.uk

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YouTube



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Above: Volunteer scanning New Forest Roman pots at the British Museum

