

New Forest National Park Authority

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Further info

The New Forest Tour

thenewforesttour.info
0845 0727 093 (Mon-Fri 0830-1700)
facebook.com/newforesttour
twitter.com/newforesttour

Don't forget, your ticket for The New Forest Tour entitles you to 20% off admission prices of various attractions. See guide book for more details.

National Express Coaches

Tel: 0870 580 8080 between 08:00 and 20:00
nationalexpress.com

Lyndhurst Tea House 1

26 High Street, Lyndhurst
02380 282 656
lyndhurstteahouse.co.uk

The Crown Manor House Hotel 2

02380 282 922
crownhotel-lyndhurst.co.uk



Need somewhere to stay?

Visit thenewforest.co.uk for luxurious spas, family hotels, quaint B&B's and friendly campsites.



The Mailmans Arms 3

71 High Street, Lyndhurst, SO43 7BE
02380 284196
mailmans-arms.co.uk

For other walking routes:
newforestnpa.gov.uk/walking

Brand New Forest

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brandnewforest.com



A day out in the New Forest

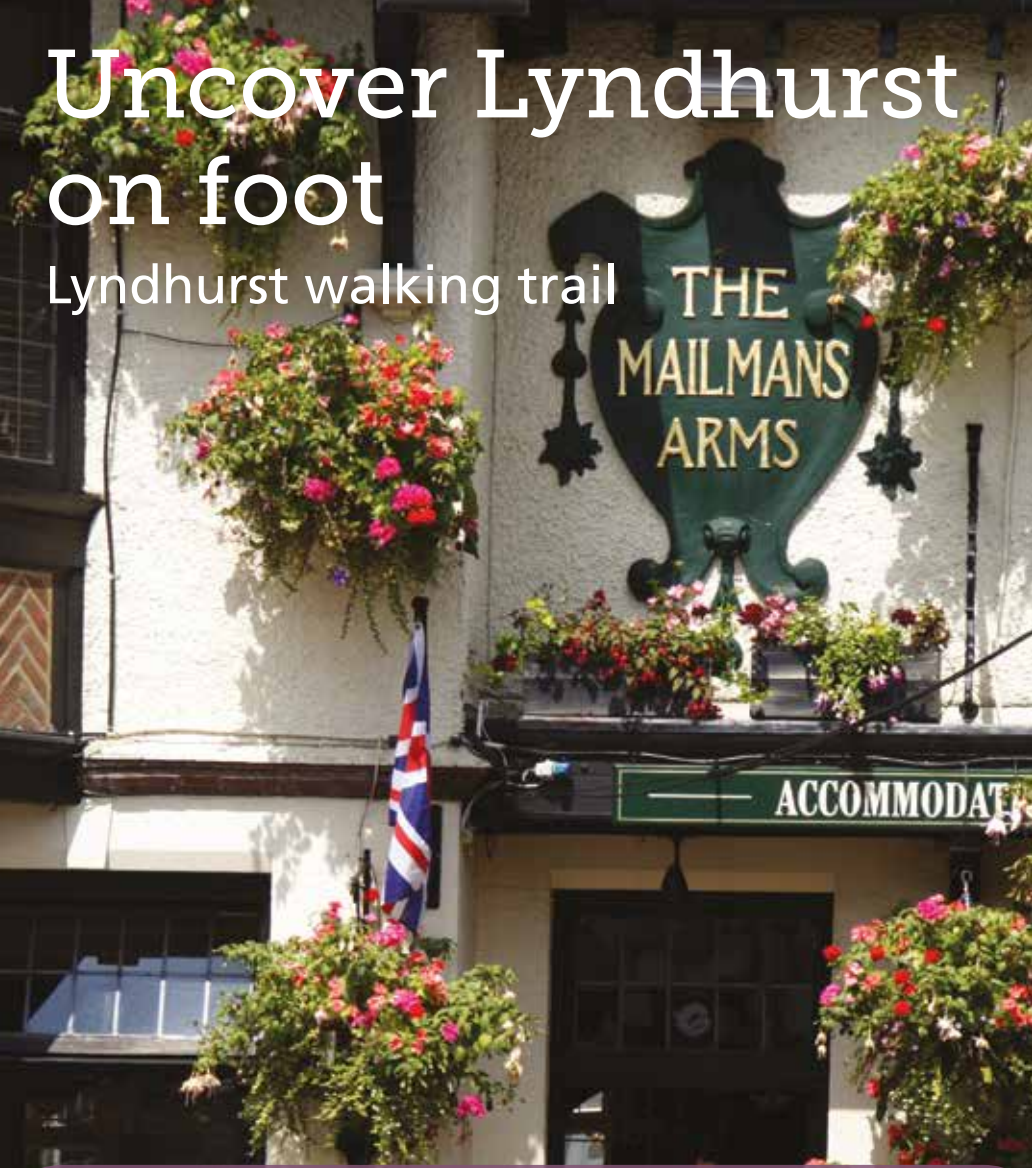
Uncover Lyndhurst on foot

Village & walking trail



NEW FOREST NATIONAL PARK

Find out more
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Uncover Lyndhurst on foot

Lyndhurst walking trail

Overview

Walking is undoubtedly the best way to explore the New Forest as there are delights with every step. You'll discover its rich heritage, amazing natural beauty and welcoming atmosphere as you stroll through the wonderful towns, beautiful villages and rural countryside!

And what better place to start than in Lyndhurst, the 'unofficial capital' of the New Forest. Take a day trip to discover its link with Alice's Adventures in Wonderland and the picture-perfect

landmarks that Lyndhurst is famous for. Many of the routes around Lyndhurst are mainly on level ground so this will appeal to walkers of all abilities as well as families.

Morning

Setting the scene for the day

Leave the car at home and hop on the National Express to reach the forest, which stops in Lyndhurst (as well as other stops in the New Forest). An excellent place to spend the first hour of your day and set the scene for your visit is the New Forest Centre. There's something here for all ages where you can learn about life in the forest, past and present. You can also find out more about how to make the most of your day here.

Lyndhurst may be steeped in history but it's very much a living, vibrant community with its

boutiques, gift shops and cafés. Take a bit of time to wander around the shops before stopping at The Lyndhurst Tea House for elevenses.

Landmarks, literature and Lyndhurst

From the top end of the high street, the spire of St. Michael's & All Angels church is clearly visible. Here lie the ashes of Alice Liddell, a local girl who inspired Lewis Carroll's classic book Alice's Adventures in Wonderland. The church sits opposite the quintessentially English, Tudor-beamed Crown Hotel, another famous Lyndhurst landmark and the perfect resting place for a spot of lunch.



Morning & Lunch

Afternoon 2pm to 5pm

Breathing space

For the afternoon's adventure, head to the opposite end of town to Bolton's Bench. A major 'picture postcard' landmark in the New Forest, sit back and relax under the large yew tree, meander around the grassy lawns where New Forest ponies and donkeys graze or if visiting in the summer months, watch a game of cricket from here.

The bench actually commemorates the 18th century New Forest Master Keeper, the Duke of Bolton but boasts magnificent views in any direction that attracts many a visitor. Look west and you'll see the centre of Lyndhurst village. Look east and you will see a great view of open heathland stretching over White Moor, Matley Heath and further towards the waterside village of Hythe.



Evening

The perfect end to a perfect day

A welcoming end for any Rambler is a hearty home cooked dinner in a traditional pub and where better to do that than the Mailman's Arms. In the summer, sit amongst the beautiful flowers that adorn the front or retreat inside on a winter's day for a snuggle by the fire and reminisce on the discoveries you've made today.

This is just one of the many walking routes that you can accomplish in a day. Whatever your ability, whatever distance you want to cover, from coastal, central and southern or northern routes to guided walks, there really is a walking trail for everyone. The great transport links make the New Forest accessible by rail, bus or ferry – even for a day trip. One thing is guaranteed, in one day, you'll have only seen a fraction of what the New Forest has to offer so you'll have to come back and try the others!



Afternoon & Evening